UNIT 1: My Energy Diary

Unit 1 My Energy Diary is comprised of 7 activities that have been informed by the ENERGE Energy Literacy Framework. A guide to the ENERGE Energy Literacy Framework can be found on the main page. This unit is focused on the personal interactions with energy that shape everyday life and uses home environments as real-world laboratories to explore ideas and issues surrounding energy use, energy conservation and energy efficiency in the home. In activities 1.1, 1.2 and 1.3 students will measure energy use, read and extract relevant information from utility bills, convert between physical units to domestic energy units of energy, apply a monetary value to energy consumption and manage energy budgets. In activities 1.4 and 1.5 students draw and interpret energy transfer diagrams and measure the total energy used by devices and determine their efficiency. In activities 1.6 and 1.7 students monitor and evaluate the patterns of energy use in their own homes. Students also explore a number of energy efficient solutions for the home and calculate their associated payback costs. This unit gives a real-world context to the principle of energy conservation. Students also have the opportunity to further develop their energy literacy through collaborating with others and through developing their data analysing, problem-solving, decision making, critical thinking and numeracy skills. The following sections provide an overview of the seven activities that make up UNIT 1. In particular, the energy literacy outcomes, the associated skills & competencies addressed and how the activities link to the national curricula are outlined in tables 1.2-1.4.

OVERVIEW of UNIT 1 My Energy Diary

		Estimated	Level		
	Activity Title	time (min)	ISCED 2	ISCED 3	
Activity 1.1	Stop Electricity from Leaking	30-45	Х	Х	
Activity 1.2	Calculating the cost of energy in the home	30-45		Х	
Activity 1.3	Calculating the cost of energy in the community	30-60		Х	
Activity 1.4	Energy Sankeys: Calculating Energy Efficiency	20-30	Х	Х	
Activity 1.5	My thermal comfort at home	20-30	Х	Х	
Activity 1.6	Monitoring energy consumption in the home	30-45		Х	
Activity 1.7	Calculating payback costs in the home	30-45	Х	Х	

Table 1.1 Activities and titles are given, the time required to complete the activity and the ISCED classification.

Activities Mapped to Subjects in National Curricula

	Science	Technology & Informatics	Engineering	Mathematics	Home Economics	Geography	English	Design & architecture	Civics & politics	Society & Health	Business & Economics
Activity 1.1	Х				Х					Х	
Activity 1.2			Х		Х				Х		
Activity 1.3			Х		Х				Х		
Activity 1.4			Х		Х				Х		
Activity 1.5	Х	Х		Х			Х	Х	Х	Х	
Activity 1.6	Х	Х	Х		Х			Х	Х	Х	Х
Activity 1.7					Х				Х		

Table 1.2 Activities are mapped to subjects in National Curricula .

Activities Mapped to Energy Literacy Characteristics

Table 1.3 Activities are mapped to Energy literacy Characteristics.

	C1	C2	С3	C4	С5
Activity 1.1	Х		Х	Х	
Activity 1.2	Х				
Activity 1.3	Х	Х	Х		
Activity 1.4	Х		Х	Х	
Activity 1.5		Х	Х	Х	Х
Activity 1.6	Х		Х	Х	Х
Activity 1.7	Х	Х	Х	X	

Skill & Competencies Addressed

Table 1.4 Activities are mapped according to Skills & Competencies addressed.

	Decision Making	Problem Solving	Design/innovating	Data Analysing	Collaborating	Communicating	Research	Critical Thinking	Numeracy
Activity 1.1	X				X				
Activity 1.2			X		X				X
Activity 1.3			X		X				X
Activity 1.4			X		X	Х			X
Activity 1.5	Х	X		Х		Х	X	X	X
Activity 1.6	Х	Х	X		X	Х		Х	X
Activity 1.7					X				X

Activity 1.1 Stop Electricity from Leaking

This activity explores the topic of "leaking electricity" or "phantom loading". Students use watt meters to measure and tabulate power readings for appliances operating in (a) on mode and (b) standby mode. Students calculate energy consumption due to phantom loading in (i) kWh and (ii) the annual cost per kWh. Students graph their data and answer a number of questions. Students offer recommendations for reducing leaking electricity in their homes and classrooms.

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Dur	ration
	45 minutes
Ene	rgy Literacy Characteristics addressed:
C1	Grounded understanding of science and how energy is harnessed and used to power human activity
C4	Cognisant of the impact of personal energy-related decisions and actions on the environment & global community
C5	Strive to make choices and decisions that reflect these attitudes with respect to energy resource development and energy consumption
Skil	Is & Competencies addressed:
•	Numeracy • Data Analysis
Sub	ject links in National Curricula:
•	Science • Mathematics
•	Technology & Informatics•Home EconomicsSocial & HealthEngineering
Lev	el
	ED 2 ED 3

Suggestions for use:

1. Begin with a discussion about leaking electricity (standby operation mode).

- Students should gather at least 3 electrical appliances from the classroom. Each student group should have access to an electrical outlet and a watt meter.
- 3. Give students a copy of the worksheet included in the materials section of this page. The worksheet contains instructions for carrying out this activity. This worksheet can be modified.
- Ask students to use the watt meter to measure the electricity used by appliances in standby mode when in use. The meter measures:

Power (W) = Electrical Energy/time

Ask students to record their Watt meter readings in table format. Students should use thew following equation to convert their readings to kWh:

Energy (kWh) = power (W) ÷ 1000 X time (h) X 365 (days)

- The average cost of a kWh in EUR included can be sourced online. Students should create a chart or graph that shows the total cost of total kWh used per year for each appliance when in use and in standby mode.
- 6. Students should answer the follow-up questions provided on the worksheet.

Extensions to Activity 1.1

Ask students to calculate the annual quantity of CO_2 emitted per kWh for each appliance. Students can search for the equivalent CO_2 per kWh that is specific to their region. Otherwise, an average value of 0.296 kg/kWh can be used.

Materials

Activity 1.1 Student Worksheet

- Electrical appliances
- Watt Meter
- School utility bills (optional)

Activity 1.2 Calculating the cost of Electricity in the Home

In this activity, students use historical energy consumption data for a sample household to calculate the total daily, monthly and annual power output and energy consumed for a range of appliances. Students apply a monetary value to the energy consumption using price per unit kVA (and kWh). Students will compare the costs of off-peak energy use with peak time costs. In part B of this activity, students can carry out a mathematical exercise where they use the transformer formula to solve a real world problem. The purpose of the exercise is to ensure pupils can manipulate the equation for primary and secondary coils and understand the theory behind it. Part B is optional.

This activity was developed by Lycée Gaudier-Brzeska for the STi2D curriculum in France. ENERGE has been granted permission by the author to promote this activity.

30-60 minutes Literacy Characteristics addressed:
Literacy Characteristics addressed
Enteracy characteristics addressed.
ounded understanding of science Id how energy is harnessed and used power human activity
ognisant of the impact of personal nergy-related decisions and actions n the environment & global nmmunity
rive to make choices and decisions at reflect these attitudes with spect to energy resource evelopment and energy consumption
Competencies addressed:
neracy • Problem-solving a Analysis
links in National Curricula:
 Mathematics Mathematics Home Economics Social & Health ineering
ED 3

Suggestions for use:

- Begin with a discussion about household appliance power output, energy labels and domestic energy consumption costs per kWh (and kVA if applicable)
- 2. Students can work alone or in groups.
- 3. Give students a copy of the student worksheet which contains the historical household enegry consumption data. Students use the table in the handout to record their work. The average cost of a kWh in EUR included can be sourced online.



Fig. 1. Activity 1.2 Student Worksheet

Extensions to Activity 1.2

Activity 1.2 PART B

- This activity is best suited to older students (ISCED 3) studying a STEM based curriculum. This lesson can begin with a discussion about the electricity grid and the role of the transformer.
- Suggested approach: Model the problem by an electrical diagram by wilting the different voltages. Make the necessary calculations to answer the question asked. Make a power assessment of the whole system. Infer the yield of the line and conclude.
- 3. <u>Work needed from students:</u> Students need to model the problem by an electrical diagram by wilting the different voltages. Students need to make the necessary calculations. Students need to make a power assessment of the whole system.
- 4. Students need to determine the yield of the transmission line. Students should make the necessary calculations to know the U voltage that the alternator must produce. Students should re-check the power of the entire system if the transformers are considered to be perfect. Determine the yield of the line and conclude.

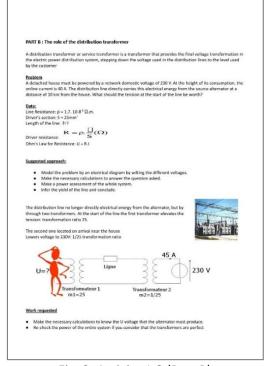


Fig. 2. Activity 1.2 (Part B)

Materials

Activity 1.2 Student Worksheet (ENGLISH) Activity 1.2 Student Worksheet (FRENCH) Activity 1.2 Solution (ENGLISH) Activity 1.2 Solution (FRENCH) In this activity students calculate the total energy consumed by common household devices as well as larger municipal systems in kWh. Students gain an understanding of energy efficiency and can determine the potential savings in cost associated with the instillation of more energy efficient lighting solutions for the community. This activity was developed by Lycée Gaudier-Brzeska for the STi2D curriculum and is being promoted as part of the ENERGE project.

This activity was developed by Lycée Gaudier-Brzeska for the STi2D curriculum in France. ENERGE has been granted permission by the author to promote this activity.

Dur	ation
	• 30-60 minutes
Ene	rgy Literacy Characteristics addressed:
C1	Grounded understanding of science and how energy is harnessed and used to power human activity
C2	Understands the impact that energy production and consumption have on all spheres of our environment and society
C3	C3: Sensitive to the need for energy conservation and the need to develop alternatives to fossil fuel-based energy resources
C4	Cognisant of the impact of personal energy-related decisions and actions on the global community
Skil	Is & Competencies addressed:
•	Numeracy • Problem Solving Data Analysis
Sub	ject links in National Curricula:
•	ScienceMathematicsTechnologyHome EconomicsInformaticsGeographyEngineeringHome Economics
Lev	el
	ISCED 3

Suggestions for use:

- 1. Students can work alone or in pairs
- 2. Any number of these exercises can be assigned as an in-class assignment or as a homework assignment.
- 3. Teachers should choose from the 7 separate applications (exercises) and decide which applications they want to give to the students.

20	Cross-cutting teaching	-
RELYCEE	MAIN THEME: Energy	(H
GAUDIER BRZESKA	Id	1
-	Fleethe energy consumption	r 4 hours.
	et is highlighted at night by 16 150W projectors each. The m 6 a.m. to 8 a.m. Calculate the cost of consumption base	
midnight and fro		
Application The Place de F	n 6 a.m. to 8 a.m. Cakatair the cost of communition base	
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Fig. 3. Activity 1.3 Student Worksheet

Materials

Activity 1.3 Student Worksheet (ENGLISH) Activity 1.3 Student Worksheet (FRENCH) In this activity students draw and interpret Sankey energy flow diagrams. Students learn that energy exists in different forms and can be measured in units of Joules (J). Students explore the topic of energy efficiency which is a measure of how much of the input energy is used usefully. Students will discover that energy can be changed from one form to another but that the total amount of energy does not change and how energy is always conserved. This activity was developed by developed by SEAI in collaboration with CASTEL at Dublin City University. ENERGE has been granted permission to promote this activity.

Dur	ation					
	• 30-60 minutes					
Ene	Energy Literacy Characteristics addressed:					
C1		anding of science harnessed and used ctivity				
С3	conservation and t	ne need for energy he need to develop il fuel-based energy				
C4	-	impact of personal cisions and actions nunity				
Skil	Is & Competencies a	ddressed:				
•	Critical Thinking Numeracy	Data AnalysisProblem Solving				
Sub	ject links in Nationa	Il Curricula:				
•	Home Economics Technology & Informatics	EngineeringScienceMathematics				
Lev	el					
	ISCED 2ISCED 3					

Suggestions for use:

- 1. Give students a copy of the Activity 1.4 student worksheet.
- Begin with an introduction to Sankey diagrams, ask students to describe the various types of graphs they use in other subjects

such as maths, geography and business studies. Ask students the following questions:

• What type of information do they give?

Answer: A Sankey diagram shows you how well a machine uses energy. In other words, it tells you if it uses it efficiently (without much waste) or inefficiently (with a lot of waste).

• What shapes do these graphs take?

Answer: The thickness of the arrows shows how much energy is involved. (The length of the arrows does not matter in a Sankey Diagram.)

• How do we interpret the resultant patterns?

Answer: Useful energy transfers are shown going left to right. Wasteful energy transfers are shown going upwards.

- 3. Ask the students to tell you what they understand by the terms efficiency and energy efficient.
 - In what circumstance might a microwave be more efficient than a cooker?
 - When would a microwave be more efficient than a kettle?
- After establishing basics, teacher may wish to to prompt a discussion about energy efficient light bulbs.
 - Why has the EU eliminated the use of incandescent (filament) light bulbs?
 - What are the consequences of this law intended or otherwise?
 - What about catalytic converters are they efficient or do they simply reduce the emission of noxious gases?

Materials

Activity 1.4 Student Worksheet (EN)

Activity 1.4 Student Worksheet Solutions (EN)

Activity 1.5 My Thermal Comfort at Home

This activity is a reflective learning exercise that introduces students to topic of thermal comfort by asking them to document what they do during a typical weekday and specifically what interactions with energy they have throughout the day (e.g., light, electricity or heating). Students appreciate the central role energy plays in our lives and how essential our interactions with energy are to our comfort and well-being. Students calculate and apply a monetary value to personal energy consumption. Students demonstrate an awareness of their responsibility to improve the efficiency of their interactions with energy. This activity has been developed by CASTel at Dublin City University.

Dur	ation
	• 30-60 minutes
Ene	rgy Literacy Characteristics addressed:
С3	Sensitive to the need for energy conservation and the need to develop alternatives to fossil fuel-based energy resources
C4	Cognisant of the impact of personal energy-related decisions and actions on the global community
C5	Strives to make choices and decisions that reflect these attitudes with respect to energy resource development and energy consumption
Skil	Is & Competencies addressed:
• • •	Critical Thinking• CreatingDecision Making• InnovatingCommunicating• Numeracy
Sub	ject links in National Curricula:
• •	ScienceEngineeringTechnologyGeographyInformaticsHome Economics
Lev	el
	ISCED 2

• ISCED 3

Suggestions for use:

- 1. Give students a copy of the student worksheet.
- 2. Ask students to calculate the energy consumption for these devices in kWh and apply a daily and annual monetary cost to the energy consumed by these devices. Students can determine this by finding out the power in Watts. Students should use thew following equation to convert their readings to kWh:

Energy (kWh) = power (W) ÷ 1000 X time (h) X 365 (days)

 Students can take a pledge to be more pro-active and energy efficient in their daily lives by asking them about the roles they occupy inside and outside of school and what actions they can take now and, in the future, to improve their energy efficiency.

Fig. 9. Activity 1.5 Student Worksheet

Extensions to Activity

Materials

Activity 1.5 Student Worksheet (EN)

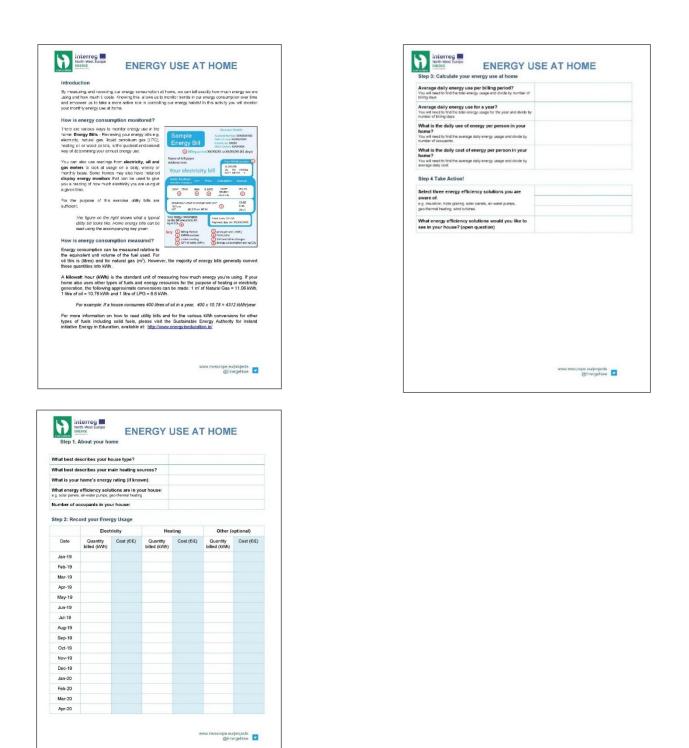
Activity 1.6 Monitoring energy consumption in the home

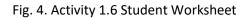
In this activity students extract relevant historic energy consumption data in kWh as well as the unit cost per kWh. Subsequent tabling and graphing of this data then enables students to visualise trends in household energy consumption over a long period of time. Following this, students to use this data to carry out a series of energy calculations that relate to personal energy consumption. Finally, students are encouraged to research energy efficient solutions for the home and then are asked to make informed decisions about how the energy efficiency of their home could be improved.

Durati	on
•	30-60 minutes
Energy	y Literacy Characteristics addressed:
C3	Sensitive to the need for energy
	conservation and the need to develop
	alternatives to fossil fuel-based energy
C4	resources Cognisant of the impact of personal
C4	energy-related decisions and actions
	on the global community
C5	Strives to make choices and decisions
	that reflect these attitudes with
	respect to energy resource
	development and energy consumption
	& Competencies addressed:
	itical Thinking • Problem Solving
• De	ecision Making • Data Analysis
	Numeracy
Subjec	t links in National Curricula:
• Sc	ience • Engineering
• Te	chnoloy Home Economics
 Inf 	formatics • Social & Health
• Bu	isiness • Economics
Level	
•	ISCED 2
•	ISCED 3

Suggestions for Use

- 1. Section 1 (about your home) asks students to answer a series of questions about their home including the type of building that they live in, how many people occupy their home, the major source of energy used for heating and cooking in their home and what energy efficiency solutions (if any) are currently present in their home.
- 2. Section 2 (record your energy use) asks students to study their utility bills and to extract and log all relevant data related to energy consumption. Students will then table and graph this data and use it to answer sections 3 and 4.
- 3. Section 3 (calculate your energy use at home) requires students to use the data that they have tabled to complete a number of calculations that relate to the average cost of energy for the home and per person living in the home.
- 4. Section 3 (calculate your energy use at home) requires students to use the data that they have tabled to complete a number of calculations that relate to the average cost of energy for the home and per person living in the home.
- 5. Section 4 (take action) requires students to research energy efficient solutions for the home and suggest a number of energy efficient solutions they would like to see in their home.





Extensions to Activity

Materials

Activity 1.6 Student Worksheet (EN)

Activity 1.6 Calculation Spreadsheet (EN)

Activity 1.6 Sample utility bill (Ireland) (EN)

Activity 1.7 Calculating the payback costs of a low energy home

This activity introduces the concept of payback costs and helps students to understand methods to reduce energy loss from the home. The payback time of an energy-saving solution is a measure of how cost-effective it is. Students will use their numerical abilities to calculate the cost savings of different energy-saving strategies. This activity was developed by Mr. Robert Woodson who is a teacher of physics at Ysgol Bro Gwaun a secondary school in Pembrokeshire, Wales.

Dura	ation
	• 30-45 minutes
Ener	rgy Literacy Characteristics addressed:
С3	Sensitive to the need for energy
	conservation and the need to develop
	alternatives to fossil fuel-based
	energy resources
C4	Cognisant of the impact of personal
	energy-related decisions and actions
	on the global community
Skill	s & Competencies addressed:
• (Critical Thinking • Data Analysis
1 •	Numeracy • Research
Subj	ect links in National Curricula:
• 9	Science • Engineering
• 1	Fechnoloy &
1	nformatics
• E	Business • Economics
Leve	
•	ISCED 2
•	ISCED 3

Suggestions for Use

 Begin by introducing students to the topic energy efficient solutions and pay-back costs using the introductory powerpoint resource. Key formula: $payback \ time = \frac{instillation \ cost}{annual \ savings}$

2. Students should complete the first sections of the worksheet accompanying this activity.

3. Students can use the second section of the worksheet to carry out their calculations. Alternatively, students can use this table to research the cost of energy efficient solutions for the home in their own country and calculate the

Materials

Activity 1.7 Student Worksheet Activity 1.7 Powerpoint Resource

associated payback costs.

