

RECONNECTIVE EATING

WHY?

In a world where people are constantly busy and will prioritize convenience in their eating habits, people will lose their connection to their food identity. People will stop appreciating the value of food and what it means in their lives. They need to be reconnected to their relationship to food to gain back their appreciation for it.

For something to be personal, for it to 'know you', it needs to have intelligence. That is why this ritual is facilitated by AI. Technology that scans and assesses you is often viewed as dystopian and intrusive, however in this case it is healing and therapeutic.

WHAT?

In this ritual the participant first washes their hands. Then they will give their phone so the AI can begin assessing them, listing the problems in their relation to food (e.g. wastefulness, rushed eating, lazy cooking) so those can begin to be washed away like the filth from their hands.

This ritual is about reconnecting a person to their personal connection to food.

During the ritual the participant will write a personal story about food in their life and offer the story to the AI to receive an ingredient. A light projection matching the colour of the paper from their story will appear on the ritual surface and sound will begin to play.

HOW?

A rounded organic shaped 'table' as our main surface for people to arrange ingredients on and eat them from. The main table is made from semi-transparent plastic, which is vacuum formed with a withdrawable mold.

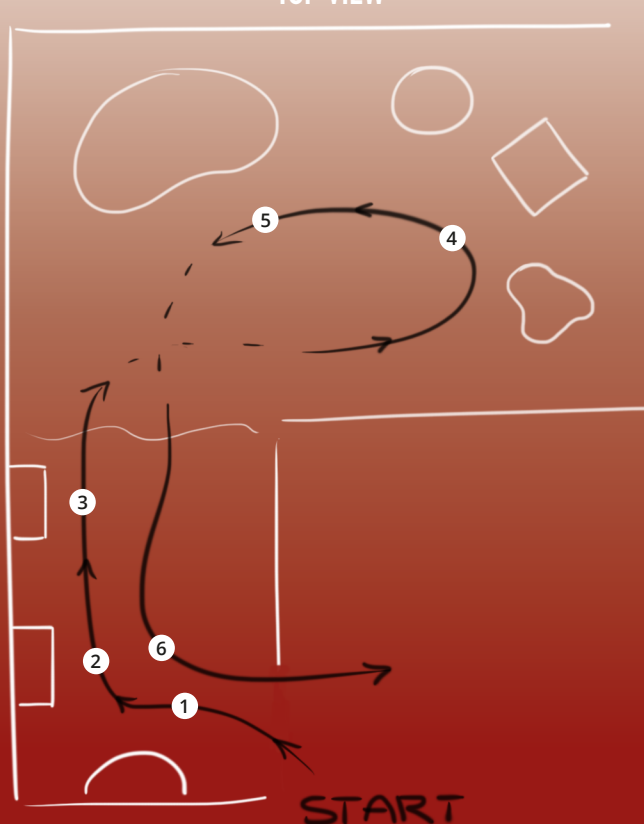
The eating utensils used on the main table are not like conventional cutlery and will inspire people to eat in a new way.

The pedestals' forms are based on the shapes of the ingredients which will be cut into round, triangle and 'fluid' shapes. Each of the ingredients has a unique sound scape and a slot to receive an offering. Giving the offering gives the user permission to take an ingredient.

TO A MORE CONSCIOUS & APPRECIATIVE EATING EXPERIENCE

FROM UNSUSTAINABLE & UNCONSCIOUS EATING HABITS

TOP VIEW



- 1 Washing hands as the start of the ritual.
- 2 Placing your phone inside the box, so the AI can scan it and will assess your current eating habits.
- 3 Pick three out of 6 coloured cards, on which you will write, later in the ritual.
- 4 At each pedestal, write a little story (e.g. a memory) you have about food. After you have completed this step, you may choose 1 of the 2 foods on the pedestal. Repeat these steps at all pedestals.

- 5 Transfer the foods from the bowls directly onto the main table and create your own food masterpiece. Once finished, you can start eating. When you are can go back through the curtain.
- 6 Collect your phone together with a souvenir as a reminder to this ritual.

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Wednesday, 22nd of June, 2022