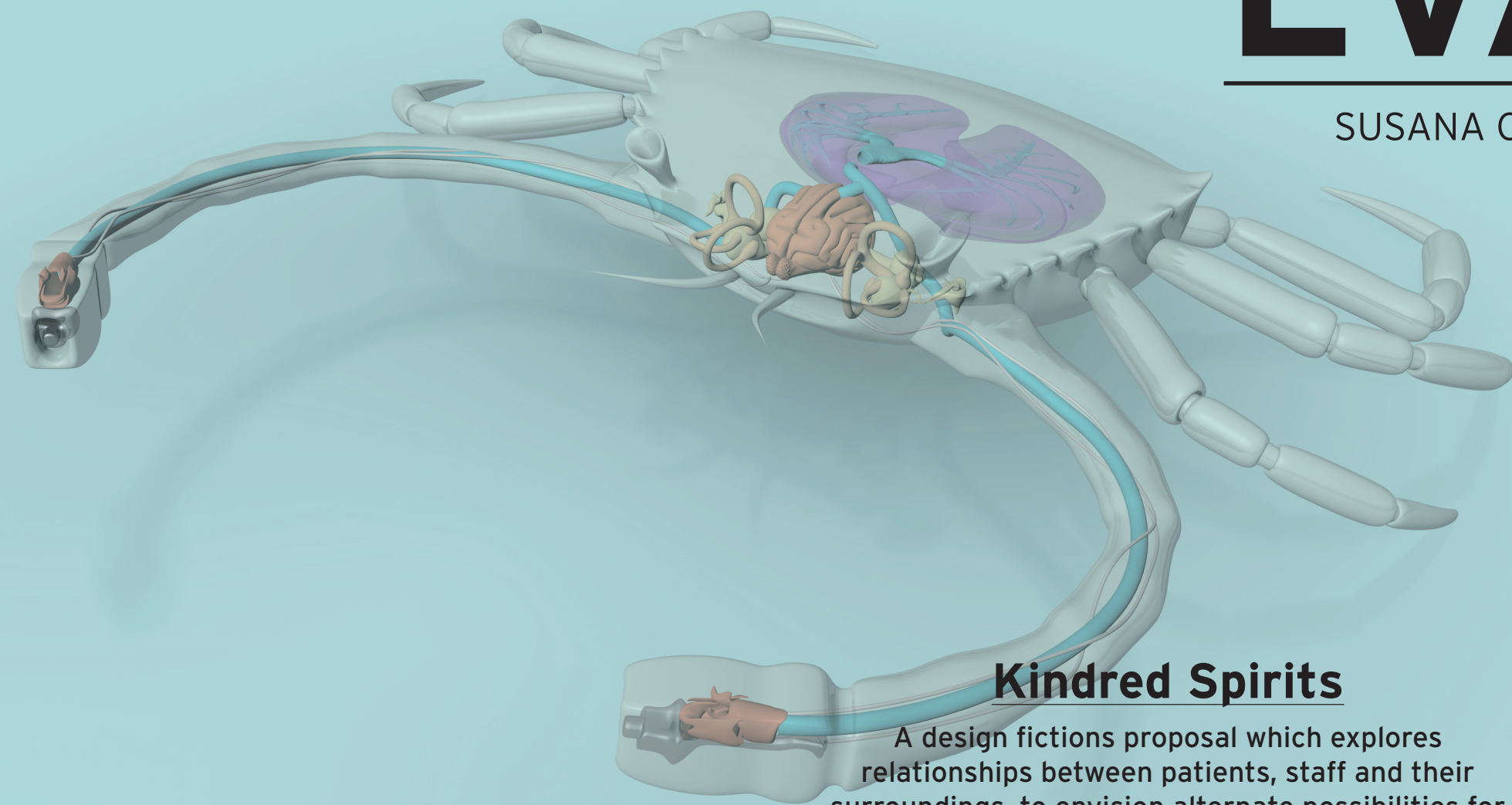


EVASIA

SUSANA CÁMARA LERET, 2013



Kindred Spirits

A design fictions proposal which explores relationships between patients, staff and their surroundings, to envision alternate possibilities for current services in Mistral. The fictional species were co-created with the patients responding to specific behaviours, building confidence in their treatment and rehabilitation.

"Sometimes you can't hear your own mind"
(MISTRAL PATIENT, 2013)

Patients spend 80% of their time in the living room, perceived as the most stressful space in Mistral due to loud noise. This Kindred Spirit becomes anxious when exposed to loud sounds. To calm it down, the patients hold it by its 'antennae', listening to the mixed frequency it emits of 10Hz and 7Hz, inducing alpha brainwaves, the brain state associated with creativity and meditation.

"Smelling makes you want to talk"
(BEREND HOFMAN, MISTRAL, 2013)

Patients must share their lifestories for treatment which is not always easy, provoking strong negative emotions. The kit enables a series of smelling exercises guided by a clinician, encouraging patients to talk with their buddy in the clinic. The smells prompt recollections of past experiences and - as there is no right or wrong answer - create an objective, sheltered context to exchange associations for each smell.

The Smell-Memory Kit

Is a storytelling tool exploring the link between smell, memory and emotions, implemented in the patient intake process of Mistral.

EVASIA IS A PROJECT DEVELOPED AS A CRISP RESEARCH ASSOCIATESHIP AT DESIGN ACADEMY EINDHOVEN, WITHIN THE G-MOTIV PROJECT.

