

WHERE IS SYSTEMS THINKING IN DESIGN?

Systems thinking is new, and not new. Parts of it have been in design for a while. **Interaction Design** picked up on Gibson's notion of affordances, which placed emphasis not on the product or the user, but on the relations between them. **Experience Design** took into account the (temporal, contextual) complexity of users, and that design should step beyond the individual single user. **Service Design** has questioned the idea in **Product Design** that design ends with providing a plan for a future product, and that this product or plan can stay the same for a longer period. **Strategic Design** has been aware that the organisations that deliver services and products don't operate as single entities, but in a network of actors. **Social Design** has looked at how the larger scale of societal challenges and of individual behavior are connected and co-dependent. **Sustainable Design** has pursued the flow of stocks (materials, energy) at various scales, and emphasized cyclical use of these resources.

Currently, the term 'system' is hot again, as it was a few times before, and there is renewed interest in bridging disciplines, and collaborating at complex (societal) challenges.

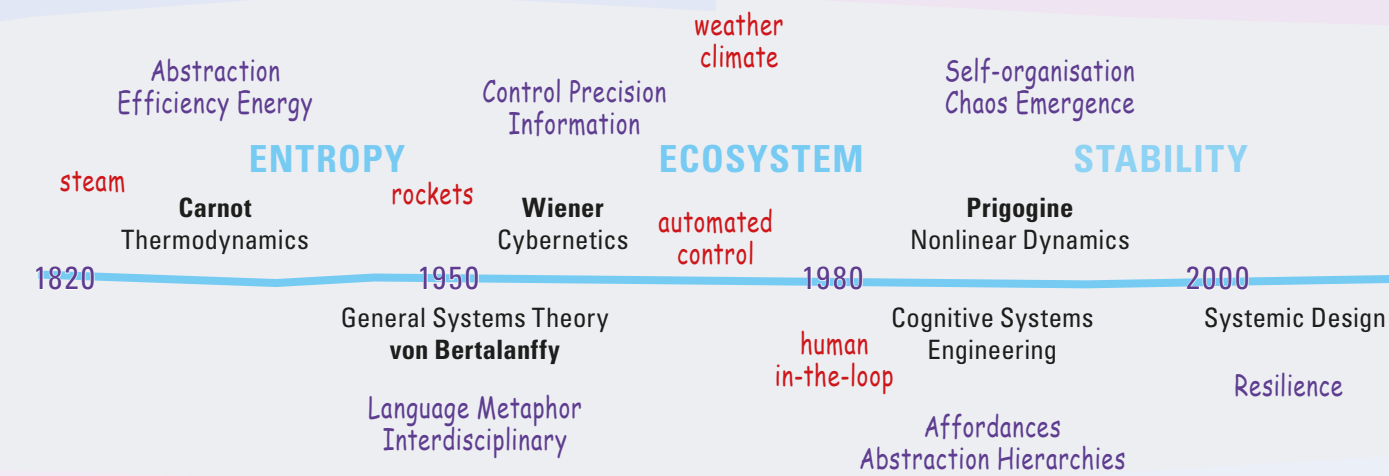
But, as often, there are cool examples and confusing terms, and cool terms such as 'wicked problems' and 'systemic solutions' are readily claimed in a commercial context where companies want to appear ahead of the game. So there's plenty of heavy words and light meaning around.

This map aims to give an overview of definitions of the terms in academic introductions to systems thinking. Another is to point out where it touches on design, and to provide some holds on how to apply its tools in your design work.

A VERY BRIEF HISTORY OF SYSTEMS THINKING

Systems thinking developed over two centuries across science and engineering. It has seen several waves of popularity, each time fed with experiences in different disciplines. One main theme has been abstracting (and mathematizing) structure and dynamics; the other has been uniting academic thinking about structure across disciplinary boundaries. The historical root of systems concepts is usually placed with Sadi Carnot modelling the steam engine in the Industrial Revolution. He described the steam engine not as a series of metal pipes, burning coals, and steam, but in thermodynamic terms of temperature, flows of matter, energy and entropy. These highly abstract new notions provided a quantitative theory which helped making these machines (and many

others) more efficient. The next wave occurred after World War II, and concerned how to steer machines like rockets and planes not by brute force pushing, but by guiding it subtly by electronic signals: cybernetics. This produced the concept of 'information'. The engineering area of control systems tries to steer such devices to a target, with an emphasis on precision, safety, and robustness under noise. The third quantitative wave gained popularity with large computing simulations in the 1980s, and their use in population biology, weather prediction, and the first wave of Artificial Intelligence. Part of the fascination of the day was that seemingly simple equations can produce surprisingly complex and unpredictable behavior: fractals and chaos theory.

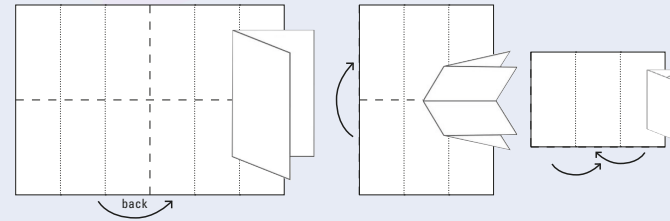


The other theme, of cross-disciplinary integration also had its waves. At about the same time as the cybernetics movement, the 'General Systems Theory' movement proposed systems as a shared language to connect and unite thinkers in various disciplines, ranging from law to psychology, sociology, medicine and organization design. The language of elements, boundaries, relations, worked in many fields, and was seen as a bridge between disciplines. In the late 20th Century, movements of 'systems design' and 'systems engineering'

studied how large project can be organized, and 'cognitive systems engineering' studied how to support people at complex tasks such as flying an airplane or running an industrial plant or a complex organization. In the past decade, the term **Systemic Design** has gained popularity to describe how designers can contribute to improving large-scale problems together with other actors from governments, societal organisations, and individual citizens.

HOW TO USE THIS MAP

The **front side** of this map introduces the **main terms** used in systems theory, and some of the main thought changes it calls for. Read it so you know what **key terms** to expect, or maybe to look things up on Wikipedia or in the references. The **reverse side** contains the most worthwhile **themes and examples** used in the DeepDive on Systems Thinking master elective at IDE, TU Delft. The descriptions may be too compact, especially if you are not familiar with the examples. Follow the pointers to the sources.



WHY A MAP?

There basically are two types: discovery maps and planning maps. This is the first type. The earliest maps are made by travelers who organized their notes into a document to guide others to recognize spots in the terrain: treasure, danger, and unknown areas. That is the type of map this is. It can only give limited explanation to the many things it brings together. It may overlook things that were beyond the view of this traveler. It will be biased by the experience of its maker. For instance, I focused on simple examples that connect easily to a general, design/engineering audience, and stayed away from large-scale organisations (not because these are less interesting, but because they need much more introduction).

A map is not the terrain. It is incomplete. What it shows and what it highlights is shaped by its maker. You will need more than just a map to make your journey.

OTHER USES OF THE WORD 'SYSTEM'

In systems thinking, the word 'system' refers to a lens, a perspective, a way of looking at something. And comes with a language, and tools. Nothing **is** a system, anything can be looked at as a system by focusing on elements, relations, feedback, emergent behavior, etc. [L2]

But outside systems thinking, in everyday language, some scientific disciplines, the word is used with a variety of different meanings. It helps to be prepared for that.

- Other meanings of **system**:
- a large organisation**: the legal system, the healthcare system, a system of government, "change the system from within".
 - a well-organized model**: the solar system, the periodic system of chemistry, a system of equations, a coordinate system.
 - a complex product**: computer system, sound system.
 - a modular product**: Lego system, system furniture.

- Other meaning of **feedback**:
- a single response**: user feedback, student feedback.
- In system dynamics, feedback is about a loop, and one that works iteratively. There one piece of feedback is not feedback.



The legal system - TUDelft... tudent. oparesearch.net IBM Personal System/2 - Wikipedia nl.wikipedia.org

So what's new? How is a systems view different from a 'traditional' view? An important part is that the established form of science (i.e., most of what you got in school or even university) has been built on the successes of analytic, linear thinking and modelling. The approach: identify elements, divide and conquer: Isolate elements, understand them, and put them together. Identify single causes, test them, and then put the elements together. If there are one or two interactions between the elements, accommodate those.

These were keys to considerable success. As long as scientists stuck to the studying questions they could answer. In the context of systems, feedback cycles, emergent properties, and nonlinear dynamics, these famous methods are shown to be less universally useful than thought before (and probably taught in school). These differences were explained in comparing 'linear' systems (the ones we understood well) to 'nonlinear' ones (all the rest).

LINEAR ↔ NONLINEAR

One chain from cause to effect, in one direction. Stories start at the first cause.

Sudden effects are brought about by sudden causes.

Elements are more important than relations. What you get out is **proportional** to what you must put in.

The output is determined by the **input**.

$1 + 1 = 2$
(proportional results)

The **law of large numbers**: when many things do the same independently, their average is a good predictor.

With a good model and data, **predictions can go far**. Reasoning goes from **causes to effects**. Understand by **analysing**

Variables change, **structure remains**. Change it by **divide and conquer**. Understand it as a **top-down or bottom-up** structure, then drive it one-way from there

'Go ballistic': Understand, plan, act, let go
Project: Design stops at product **launch**.

Multiple paths of influence, often with competing feedback loops. There is **no privileged starting point** for stories.

Gradual causes can bring about sudden effects.

Relations are more important than elements. At some points, a small improvement requires **ballooning efforts**.

The output is determined by the **structure**. Input variation is absorbed or assimilated.

$1 + 1 = 0$ (counteracting), $1 + 1 = 1$ (saturation), $1 + 1 = 2$ (independent), $1 + 1 = 3$ (synergy)

The **law of middle numbers**: expect regular patterns to last for a while, then change.

Predictions don't go very far. **You'll have to iterate**. Reasoning goes from **ends to means**. Understand by **engaging**

Structure adapts (resilience). Change it by **modulating stable structure**. **Interact with it** as a structure with self-organised patterns, intervening at leverage points

'Go cybernetic': Engage, keep steering
Forever beta: Design continues in **flight**.

STRUCTURE

How it hangs together

A **system** is a set of **connected elements** that **operate coherently** toward a **purpose**.

- This network is often visualized as a graph with the **elements** as nodes, their relations as lines to show a connection or arrows to show a direction of influence.
- In a systems view, understanding the relations between the elements is essential. The elements can be different, and can have different **properties** or parts; the relations in the system are often defined between the parts of elements. Properties are often described by **variables**.
- One much-used type of variable is a **stock**, an amount which varies between empty and full, and its change, called **flow**.

- The network is **coherent**, meaning that the elements fit together and **influence** each other.
- The **boundary** of the system separates elements that are considered to be part of the system from whatever is outside.
- In a **closed** system, all connections are between the elements inside the boundary. In an **open** system, there are influences from (and to) the outside.

- Subsystems** are parts of a system which have their own boundary. **This boundary can be given by nature, chosen for description, or created for control**.
- Subsystems may occur side to side, or be organized in **levels**, where relations between subsystems within a level work differently than from those between levels.

The **purpose** is readily recognized in human-made systems, but also natural systems can be seen as working toward a goal.

Taking a systems view often means taking more **context** into account, to look outside the initial boundary of your focus, or to include other attributes of the elements you were considering at first.

DYNAMICS

How it moves along

A system **evolves over time** through **feedback loops** which modify the inputs. As a result, patterns of behavior emerge.

- Feedback loops** take place when an element's output has influence on its input. Feedback can magnify, distort, or negate inputs that are fed into the system. Feedback on an element's output can be **direct** (from the receiving element), **indirect** (through a third element), or even **immediate** (feedback from the element itself).
- A feedback loop as a whole can be positive or negative. **Positive feedback** loops amplify their signal. **Negative feedback** loops counteract their signal. Feedback can be strong or weak, quick or slow. Timing and delays play an important role.

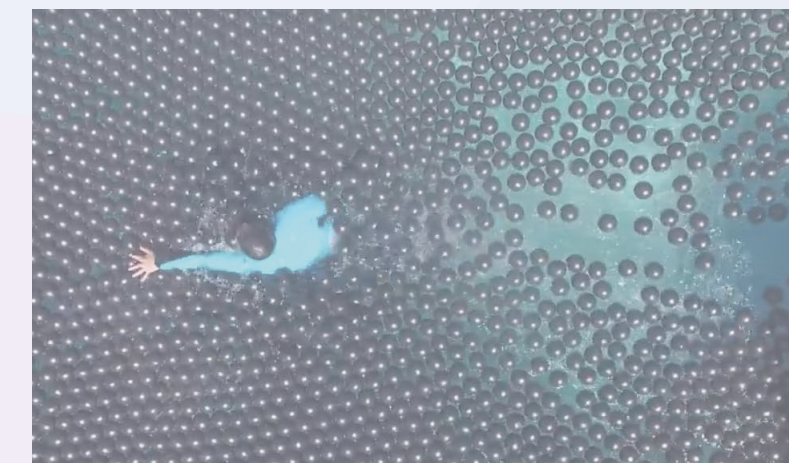
Positive feedback loops are called **virtuous** if it is a desirable strengthening, or **vicious** if it is an undesirable explosion. Negative feedback loops can similarly be called **stabilizing** (good) or **stagnating** (bad).

The dynamic relations, especially feedback loops, can exhibit **patterns**. Such patterns can show as **emerging properties, behavior, and structure** (e.g. new boundaries, levels appear). When **self-organisation** occurs, a system maintains a structure despite varying external influences. A system's dynamic can be in different **states**: patterns of how the system behaves and reacts, with particular repertoires of behavior patterns. Descriptive terms may only be meaningful for certain states, and undefined for others.

A change from one state to another is called a **transition**, and is often accompanied by a reorganization, rearrangement, and adjustments. When a disturbance occurs, a system may return to its previous state (**stable**), break down to another state (**fragile**), or adjust its structure slightly but remain largely the same (**resilient**).

Some important state dynamics are **hysteresis** (sensitivity to history) and **resonance** (a strong buildup from continuous weak inputs).

MAP OF SYSTEMS THINKING IN SCIENCE, ENGINEERING & DESIGN



The picture on the front (Courtesy of Derek Muller, Veritasium) shows a man struggling to swim through a pool covered with lattices of 'shade balls'. Note how the lattices are partially arranged, yet broken at various places, an illustration of the law of middle numbers.

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CHANGE

How you may (not) be able to direct it

Designers and Engineers want to improve or control how something goes. But the system can have a will of its own.

Feedback in systems makes predicting how they react to changes or inputs more difficult (or sometimes easier). The system may resist, absorb, **'kick back'**, or explode in reaction to certain inputs.

Chains of cause and effect relations can become complex, because effects become causes and multiple chains of influence occur in parallel, and may interact.

Problems are called **wicked** to indicate that they cannot be simply 'solved' or even completely defined. Instead, improvements are made gradually, iteratively, developed along the way, and requiring action from multiple stakeholders.

In **nonlinear** (feedback) systems, costs of a small change may require effort that is **disproportional**. The extra inch may be more costly than the previous mile (or the other way around).

Emergent structure can appear along the lines of existing natural or artificial structure. Or shift or break those lines.

Intervening in systems is most effective at a **leverage point**, where key relations come together. Discovering such points is a strategic element in systemic design.

Interacting with system depends on its **complexity**, whether it's **simple, complicated, complex or chaotic**. Especially if there is **tight coupling** (fast, strong feedback), you may need tactics for chaotic systems.

Three columns of Terms and Jargon
The narrative often goes from left to right: first describe the structure, then see how the relations evolve, finally push it somewhere. But we also need the right-to-left logic: an intervention can bring a system into a new state we had not seen before, and feedback loops can create boundaries in structure which were not there, and were not expected or intended when the elements were assembled.

