

# tea shell

On a regular working day, your mind can sometimes be somewhere else. You are rushing through the day without paying attention to the here and now.

With 'tea shell', I wanted to create a mindful moment during the morning ritual, before the busy day starts. A moment of relaxation and without multitasking; to help bring the user in a happy mood.

My research showed that it was important not to break the ritual that people already have. Therefore I designed something that can already be there during the morning ritual: a tea bowl. The shape of the tea bowl gently forces the user to embrace it with both hands. Through this, it creates a moment without multitasking and stimulates you to pay attention to the comforting warmth of the tea and the moment itself.

