

THE NAILS PROJECT FOR CHRONIC NAIL BITERS

AN IMAGE CAN ONLY BE INTERPRETED BY YOURSELF
RECORDING YOUR EVERYDAY BITING STATUS
THROUGH AN UNOBTRUSIVE INTERACTION



ABOUT

There are 2million people biting their nails everyday in Holland, 600 million in the world. For most people, chronic nail biting is treated as a bad habit that should be prevented. For doctors, it is considered an impulse control disorder that should be treated with proper medicines.



Does nail biting really that worse?

NO!

DESIGN GOAL

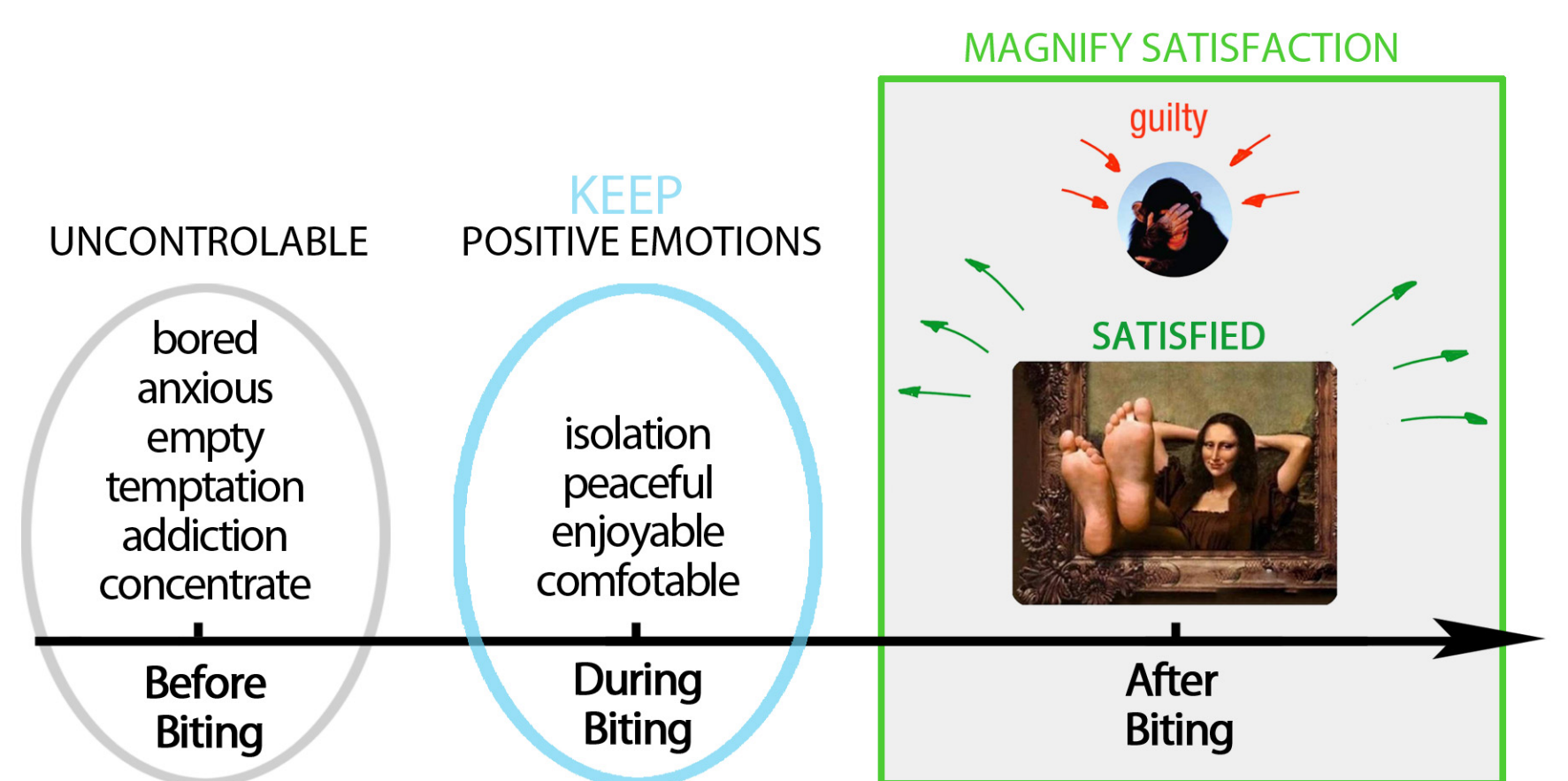
Creating a new way of interaction for chronic nail biters to **enhance** their biting experience, so that they can **cope** with their biting behavior.

INTERACTION VISION

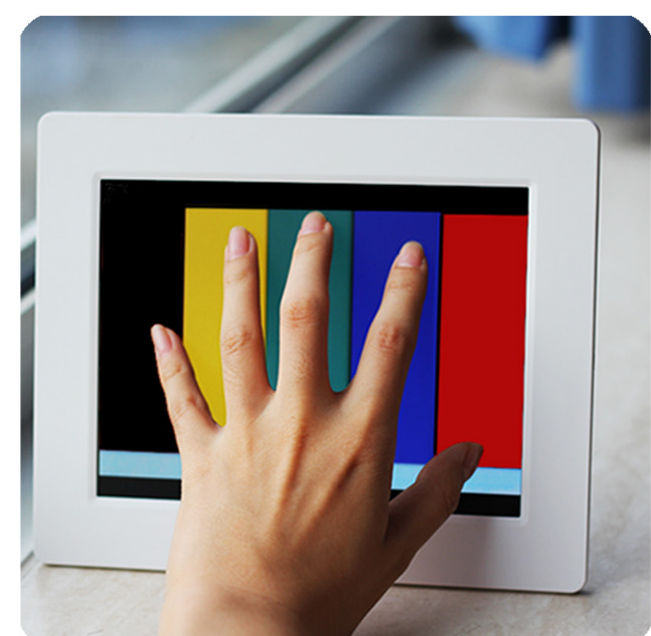
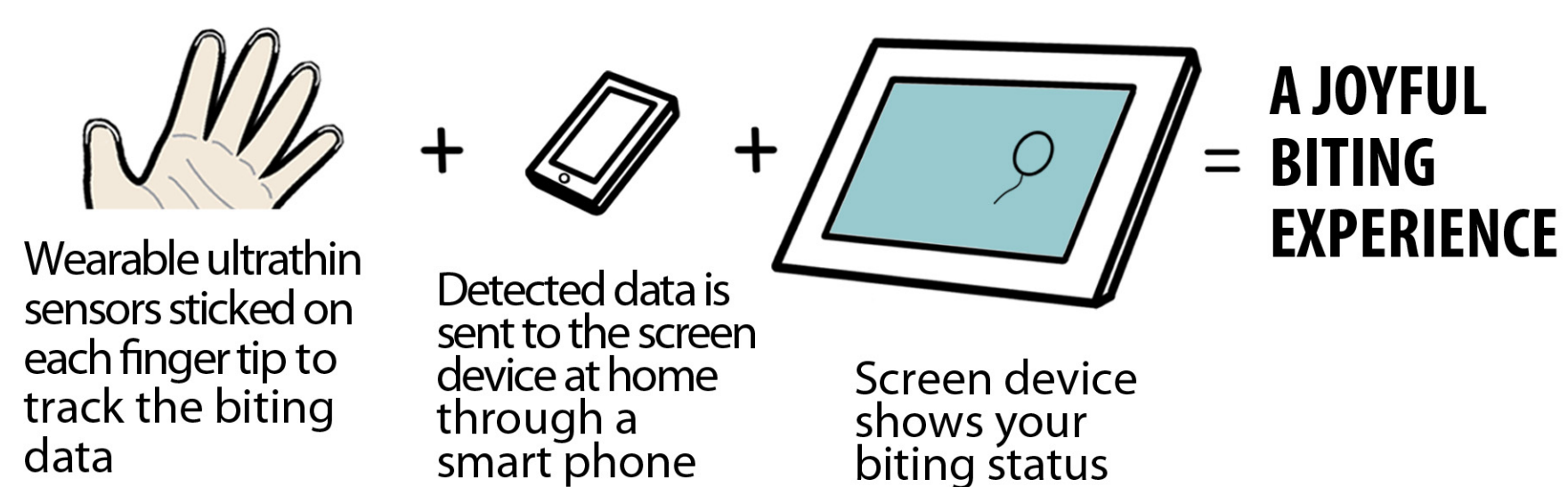
Showing off

The qualities of interaction that I want to achieve are "Animated" and "Joyous" in the way that the interaction let biters feel proud but not ashamed about their behavior.

EMOTION ANALYSIS OF NAIL BITING PROCESS



HOW MY DESIGN WORKS?



Set the 5 colors as your preference for each finger in the morning.

working
studying
shopping
waiting
reading

Recording your biting status through the day.



Decipher the biting code by touching the screen when you come back home.

Then the time lines would appear to help the biter read his/her daily biting status. Each balloon illustrates the time and biting frequency which pops up while a corresponding nail is being bitten.

The balloons would pop-up in the relative positions in accordance with the time you bite your nails during the day.

